

Susan Perkin

My name is Susan Perkin and I am a Hypnotherapist with several years experience in clinical practice Hypnotherapy involves using relaxation techniques and a state of focused attention to help a person to make positive life changes. These changes include both psychological issues and physical conditions

Some of these conditions are as follows:

Anxiety disorders, phobias, stress management, confidence building, performance anxiety, smoking cessation, eating disorders and weight management.

I have a Practitioner Diploma in Clinical Hypnosis and am currently studying for a Masters degree. I am a full member of the British Society of Clinical Hypnosis.

My contact details are as follows:

Ilkely Healing Centre: 01943 602177

Susan Perkin: 01423 551706

E-mail: sue.perkin@ntlworld.com