

Physiotherapy

The primary aim of the Physiotherapist is to restore muscle or joint function in the body to promote good health.

The primary purpose of physiotherapy is to restore muscle or joint function following injury or disease.

Conditions are assessed and diagnosed by the therapist and specialised advice is given, which generally includes a bespoke programme of corrective treatment. A range of methods are used including Remedial massage, Manipulative Techniques, Electro-therapy and Mobility Training (exercises)

Practitioners at the centre are:

Robert Ainley