

Homoeopathy

Homoeopathy is a long established and gentle system of medicine, which treats each person as a whole.

Practicing consultants at the centre are:

Annetta Kershaw

Jenny Blondel

As a scientific system it differs from all others in both preparation and application of remedies. Each patient is seen as an individual – and treated with individual remedies.

For many years homoeopathic

remedies have been recognised as a safe and effective means of treating ailments. Indeed, the principle of homoeopathy (that like cures like) has been known from the time of the ancient Greeks.

Who benefits from Homoeopathy?

Anyone and everyone - because Homoeopathy treats the whole person rather than the specific symptoms.

Homoeopathic remedies treat both chronic and acute illnesses and can be fully effective over a wide range of mental and physical disorders such as headaches, asthma, back pain and I.B.S.

Homoeopathic remedies work by stimulating the bodies own healing power. The initial visit to the homoeopath is often an unexpected experience for new patients. The presenting problem, family history, mental and emotional tendencies will be covered in detail. Other facts, seemingly unrelated to the condition will also be covered. This enables the homoeopath to obtain a full symptom picture thus ensuring the highest quality of treatment.

The first interview usually takes about an hour. People who have had a successful homoeopathic treatment generally find that their state of health and well-being has improved. They are better able to resist infection and feel more balanced in themselves.